**EASTLAKE24 SR 23**

**Group Fitness**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  |  |  |  |  | 7am Spin**Audrey/Maggie**Max:13 |
|  | 8:30amBootcamp**Maggie**Max:18 |  |  | 8:30amPilates**Vickie**Max:18 | 8:15am Bootcamp**Maggie**Max:18 |
|  |  |  |  | 9:45amSenior Fitness**Vickie**Max:18 | 9:15amZumba**Olga**Max:18 |
| 10:00amSilver Sneakers**Sara**Max:18 |  | 10:00amSilver Sneakers**Sara**Max:18 |  |  |  |
| 5:30pm Zumba **Olga**Max:18 | 5:30pmSpin**TJ**Max:18 | 5:15pm Strength**TJ**Max:18 | 5:30pmBoxing Class**Nate** |  |  |
|  | 6:30pmBoxing Class**Nate** | 6:15pmZumba**Olga**Max:18 |  |  |  |

PLEASE REGISTER ONLINE AT LEAST **1 DAY** PRIOR TO CLASS.